Applying for the Division of Developmental Disabilities

The Division of Developmental Disabilities (DDD) provides lots of services to help you live independently in your community. They can help you make decisions about your health, where you live, and where you work.

# Can DDD Help Me?

To get help from DDD, you need to:

1. Apply: It is your choice whether you want to apply to DDD or not.

2. Live in Arizona:You must be an Arizona resident to get DDD’s help. If you live in Arizona most of the time, you are probably an Arizona resident.

3. Have a Developmental Disability: Developmental disabilities include cerebral palsy, epilepsy, autism, and intellectual (cognitive) disabilities. You will need paperwork from your doctor or school.

4. Have Trouble with Daily Living Skills: Daily living skills are things you need to live independently and take care of yourself. They include things like:

* Communicating
* Learning
* Making decisions
* Moving around
* Cleaning yourself
* Using the bathroom
* Making food for yourself
* Transportation
* Working

# How Do I Apply?

You need the following paperwork to apply for DDD.

* Application
  + You can find the application on the Arizona DES Website:

[https://des.az.gov/sites/default/files/DDD-1972\_32919.pd](https://des.az.gov/sites/default/files/DDD-1972_32919.pdf)f

* Birth Certificate or Immigration/Citizenship Documents
* Records from Your Doctor or School Showing You have a Disability
* Medical Insurance Card (if you have one)
  + If you are not your own guardian, you will also need documents showing who is allowed to make decisions for you.
  + DDD has a checklist to help you keep track of which documents you need: <https://des.az.gov/services/disabilities/developmental-disabilities/determine-eligibility>

If you have questions, please contact the Division at toll free 1-844-770-9500 or via e-mail at [DDDApply@azdes.gov](mailto:DDDApply@azdes.gov?subject=Eligibility%20Question).

To learn more, visit AZEmploymentFirst.org